

### PE Long Term Planning and Progression EYFS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	FMS	Space	Castles	Minibeasts	Rosie's Walk	Rumble in the Jungle
	<b><u>Fundamental Movement Skills:</u></b> <u>Travelling:</u> Skipping, Running fast, Hopping, Jumping for distance  <u>Sending:</u> Overarm throw, Underarm throw, Rolling a ball, Bouncing a ball, Kicking  <u>Receiving:</u> Catching					
	<b><u>Evaluating:</u></b> Explain what they have done and what they can see others doing.					
Cycle B	FMS	How to Catch a Star	transport	Hungry Caterpillar	Superworm	Seaside
	<b><u>Fundamental Movement Skills:</u></b> <u>Travelling:</u> Skipping, Running fast, Hopping, Jumping for distance  <u>Sending:</u> Overarm throw, Underarm throw, Rolling a ball, Bouncing a ball, Kicking  <u>Receiving:</u> Catching					
	<b><u>Evaluating:</u></b> Explain what they have done and what they can see others doing.					